


Park Springs Calendar

JANUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>PARK SPRINGS® A Life Plan Community</p> <hr/> <p>January Fun Facts</p> <p>Flower: Carnation Birthstone: Garnet Zodiac- Capricorn: Jan. 1 – 19 Aquarius: Jan. 20 - 31</p> 	<p>Room Key</p> <p>(4000-9000 CR) = Clubrooms (AR) = Art Room (B)= Bistro (BR) = Ballroom (CH) = Community Hall (Ch. 962) = Daily Activity Info Movie TV (CR) = Card Room (FC) = Fitness Center (L) = Library (LP) = Lap Pool (MR) = Meeting Room (T) = Theater (TP)= Therapy Pool</p>	<p>Lifestyle Services</p> <p>Jennifer Durham x3647 Janay Charles x3060</p> <hr/> <p>Fitness Center</p> <p>India Jackson x3161</p> <hr/> <p>Drivers</p> <p>Allen Jackson 678-977-7271 Sandra Ernest, Eric Hill, Teresa Moore, Charles Morris Francois Kaboya, Eliot Robertson, Gabriel Catlin</p> <hr/> <p>Concierge</p> <p>Maurice White 678-684-3070</p>	<p>Color Legend</p> <p>Blue = Away Trips Green = Special In-house Event Orange = Fitness Classes Pink = Committee Meetings Red = Private Events or For Fee Classes</p> <p>🗳️ RSVP</p>	<p>Outing Policy</p> <p>Members are responsible for tickets or planned trip expenses when signing up for an event. Cancellation of tickets must be done prior to the RSVP date. If tickets can be used by another member, there will be no charge on your account. Please note all activities and trips are subject to change. It is assumed that all participants are able to navigate independently on away trips. If help is needed it is the responsibility of the member to secure a friend, companion or CNA. Please note times listed for away trips are departure times. Please plan to arrive 15 minutes early for check-in and to board the bus.</p>	<p>New Year's Day 1</p> <p>9:00 Petanque (BC) 10:00 Tai Chi with Anna (Ch. 961) 10:15 Petanque (BC) 7:00 Rummikub (CR) 8:00 Movie: The Wedding Singer (Ch. 961)</p>	
2	3	4	5	6	7	8
<p>9:00 Chair Yoga with Colleen (Ch.961) 9:00 Smoke Rise Baptist Church 10:15 Mountain Park United Methodist 10:15 St. Stephen The Martyr Catholic Church 11:00 Smoke Rise Baptist Church Live Streaming (CH2) 3:00 Jennings (BR) 8:00 Movie: The Wedding Singer (Ch. 961)</p>	<p>Passport to Wellness Begins</p> <p>9:00 Fit & Strong (Ch.961) 9:00 Sales & Marketing Committee (MR) 9:00 Sweat & Flex (CH1) 10:00 Advanced Balance (Ch. 961) 10:00 Stretch, Tone & Balance (CH1) 10:00 Drawing with Denny Hopf (AR) 🗳️ 10:30 Domestic Affairs & Politics Discussion Group (CH2) 10:30 Park Springs Market (2nd Floor, 500 Building) 11:30 Centering Prayer (T) 1:00 Passport to Wellness (CH2) 🗳️ 1:30 Water Volleyball (LP) 2:00 Activity & Social Committee (MR) 2:00 Shop Wal-Mart 🗳️ 3:30 MelloTones (CH2) 7:00 Bingo (BR) 7:00 Duplicate Bridge (CR) 8:00 Movie: TBA</p>	<p>8:45 Dr. Offices & Hospital Visits 9:30 Golf (Stone Mountain Park) 10:00 ArthriCize (TP) 10:00 Gentle Yoga with Colleen (Ch. 961) 10:00 Yoga with Leslie (BR) 10:30 Park Springs Market (2nd Floor, 500 Building) 11:15 Tai Chi with Hertencer (BR) 11:30 Catholic Communion with Father Silva (CH2) 1:30 Water Aerobics (LP) 3:00 Cornerstone Committee (CH2) 4:00 Cornerstone Fellowship with Faye Fretz (CH2/Ch. 961) 7:00 Poker (PR) 7:00 Rummikub (CR) 6:45 Virtual Bowling League (CH2/BR) 8:00 Movie: TBA</p>	<p>9:00 Fit & Strong (Ch.961) 9:00 Sweat & Flex (CH1) 9:30 Shop at Trader Joe's or Whole Foods Charge \$7 trans. 9:30 Watercolor w/ Marie Mathews (AR) 🗳️ 💰 10:00 Advanced Balance (Ch. 961) 10:00 Building & Grounds Committee (MR) 10:00 Stretch, Tone & Balance (CH1) 11:00 Stone Mountaineers Rehearsals (BR) 11:00 Shop Kroger 1:00 Acrylic Paint w/ Marie Mathews (AR) 🗳️ 💰 1:30 Water Volleyball (LP) 2:00 Holy Trinity Parish Eucharist (CH/Ch.961) 6:45 Virtual Bowling League (CH2/BR) 8:00 Movie: TBA</p>	<p>8:45 Dr. Offices & Hospital Visits 9:30 Golf (Stone Mountain Park) 10:00 ArthriCize (TP) 10:00 The Forum: Las Sandinistas! (CH/Ch. 961) 10:30 Park Springs Market (2nd Floor, 500 Building) 1:00 Dementia Caregiver Support Group (6000 CR) 1:00 Zumba Gold with Renee (BR) 2:00 Food & Beverage Committee (MR) 2:00 Guided Imagery with Marilyn Nerem (T) 7:00 Couples Bridge (CR) 8:00 Movie: TBA</p>	<p>10:00 Advanced Balance (Ch. 961) 10:00 Open Art (AR) 10:30 Park Springs Market (2nd Floor, 500 Building) 11:00 Bible Study with Dick Brown (MR) 11:00 Gentle Yoga with Colleen (Ch. 961) 11:00 Water Aerobics (LP) 1:00 Passport to Wellness: Hiking Video (Ch.961) 1:30 Water Volleyball (LP) 7:00 Movies, Music & Memories: The Student Prince (CH) 8:00 Movie: TBA</p>	<p>9:00 Petanque (BC) 10:00 Tai Chi with Anna (Ch. 961) 10:00 Indoor Croquet (CH) 10:15 Petanque (BC) 4:00 Saturdays at 4: Trivia with Delysia McNair and Scott Mathews (BR) 7:00 Rummikub (CR) 8:00 Movie: TBA</p>

9	10	11	12	13	14	15
<p>9:00 Chair Yoga with Colleen (Ch.961)</p> <p>9:00 Smoke Rise Baptist Church</p> <p>10:15 Mountain Park United Methodist</p> <p>10:15 St. Stephen The Martyr Catholic Church</p> <p>11:00 Smoke Rise Baptist Church Live Streaming (CH2)</p> <p>2:00 Play Reading Group with Katrina Shoemaker (CR)</p> <p>3:00 Jennings (BR)</p> <p>8:00 Movie: TBA</p>	<p>9:00 Fit & Strong (Ch.961)</p> <p>9:00 Sweat & Flex (CH1)</p> <p>10:00 Advanced Balance (Ch. 961)</p> <p>10:00 Stretch, Tone & Balance (CH1)</p> <p>10:00 Drawing with Denny Hopf (AR)</p> <p>10:30 Domestic Affairs & Politics Discussion Group (CH2)</p> <p>10:30 Park Springs Market (2nd Floor, 500 Building)</p> <p>11:30 Centering Prayer (T)</p> <p>1:00 Passport to Wellness (CH2)</p> <p>1:30 Water Volleyball (LP)</p> <p>2:00 Health & Wellness Committee (CH1)</p> <p>2:00 Shop Wal-Mart</p> <p>3:30 MelloTones (CH2)</p> <p>7:00 Bingo (BR)</p> <p>7:00 Duplicate Bridge (CR)</p> <p>8:00 Movie: TBA</p>	<p>8:45 Dr. Offices & Hospital Visits</p> <p>9:30 Golf (Stone Mountain Park)</p> <p>10:00 ArthriCize (TP)</p> <p>10:00 End of Life Choices with Kaffi McCullough (CH2)</p> <p>10:00 Gentle Yoga with Colleen (Ch. 961)</p> <p>10:00 Yoga with Leslie (BR)</p> <p>10:30 Park Springs Market (2nd Floor, 500 Building)</p> <p>11:15 Tai Chi with Hertencer (BR)</p> <p>11:30 Catholic Communion with Father Silva (CH2)</p> <p>11:30 Lifestyle Services (FDR)</p> <p>1:30 Water Aerobics (LP)</p> <p>2:00 Smoke Rise Bible Study with Chris George (CH, Ch. 961)</p> <p>3:00 Library Committee (L)</p> <p>4:00 Cornerstone Fellowship with Lou Jewell (CH2/Ch. 961)</p> <p>7:00 Poker (PR)</p> <p>7:00 Rummikub (CR)</p> <p>6:45 Virtual Bowling League (CH2/BR)</p> <p>8:00 Movie: TBA</p>	<p>9:00 Fit & Strong (Ch.961)</p> <p>9:00 Sweat & Flex (CH1)</p> <p>9:30 Watercolor w/ Marie Mathews (AR)  </p> <p>10:00 Advanced Balance (Ch. 961)</p> <p>10:00 Stretch, Tone & Balance (CH1)</p> <p>10:30 Employee Appreciation Committee (CR)</p> <p>11:00 Stone Mountaineers Rehearsals (BR)</p> <p>11:00 Shop Kroger</p> <p>1:00 Acrylic Paint w/ Marie Mathews (AR)  </p> <p>1:30 Water Volleyball (LP)</p> <p>6:30 Shen Yun at Cobb Energy Charge Tix \$101 - \$111 + \$10 Trans. RSVP 12/10</p> <p>6:45 Virtual Bowling League (CH2/BR)</p> <p>8:00 Movie: TBA</p>	<p>8:45 Dr. Offices & Hospital Visits</p> <p>9:30 Golf (Stone Mountain Park)</p> <p>10:00 ArthriCize (TP)</p> <p>10:00 The Forum: WildMed: The Last Mediterranean Forest (CH/Ch. 961)</p> <p>10:30 Park Springs Market (2nd Floor, 500 Building)</p> <p>1:00 Zumba Gold with Renee (BR)</p> <p>1:30 Finance Committee (MR)</p> <p>2:00 Guided Imagery with Marilyn Nerem (T)</p> <p>3:30 Vintage Vinyl: Country Classics (CH2/Ch.961)</p> <p>7:00 Couples Bridge (CR)</p> <p>8:00 Movie: TBA</p>	<p>10:00 Advanced Balance (Ch. 961)</p> <p>10:00 Open Art (AR)</p> <p>10:30 Park Springs Market (2nd Floor, 500 Building)</p> <p>11:00 Bible Study with Dick Brown (MR)</p> <p>11:00 Gentle Yoga with Colleen (Ch. 961)</p> <p>11:00 Water Aerobics (LP)</p> <p>1:00 Passport to Wellness: Hiking Video (Ch.961)</p> <p>1:30 Water Volleyball (LP)</p> <p>2:00 Discussions with Dr. Ricci (CH1/Ch.961)</p> <p>8:00 Movie: TBA</p>	<p>9:00 Petanque (BC)</p> <p>10:00 Tai Chi with Anna (Ch. 961)</p> <p>10:00 Indoor Croquet (CH)</p> <p>10:15 Petanque (BC)</p> <p>4:00 Saturdays at 4: Trivia with Pat Lowndes (BR)</p> <p>7:00 Rummikub (CR)</p> <p>8:00 Movie: TBA</p>



Shop at Trader Joe's or Whole Foods
Monday, January 5, 9:30 a.m., Charge \$7 trans., RSVP 1/3
 Trader Joe's is a neighborhood grocery store with amazing food and drink from around the globe and around the corner. Whole Foods Market Inc. is an American supermarket chain exclusively featuring foods without artificial preservatives, colors, flavors, sweeteners, and hydrogenated fats.

Shen Yun @ The Cobb Energy Center
Wednesday, January 12, 6:30 p.m., Charge: Tix \$101-111 + \$10 Trans., RSVP 12/15
 The Beauty of Divine Beings Dancing
 The gong resounds, the curtain opens, and a heavenly scene is right before your eyes. Fairies emerge from a sea of billowing clouds. Mongolians ride on horseback across grasslands as vast as the sky. Classic stories of love and loss, of humor and heroic deeds, come to life. You will be amazed by how vibrant, exciting, and profound classical Chinese culture can be.

Let's Go to the Movies! @ AMC Dine-in Theater: Movie: TBA
Wednesday, January 19th at 12p, Noon. Charge 15\$ + trans. 7\$ + Meal, RSVP 1/12
 Check Back Soon to see the movie we will be going to see. The time and title of the movie are subject to change. Tickets will be purchased 1 week in advance. Please be sure to sign up via Touchtown or by calling the concierge to register.

Chick fil a Football Hall of Fame
Wednesday, January 26, 9:30 a.m. Charge \$7 trans + \$22 tix. RSVP 1/19
 95,000 square feet. A 45-yard indoor football field. More than 50 engaging and interactive exhibits. A shrine to the greatest to ever play or coach the game. All in the heart of downtown Atlanta. The College Football Hall of Fame was established in 1951 to immortalize the greatest players and coaches as positive role models for future generations. The College Football Hall of Fame is a non-profit organization, your support helps the legacy of college football live on for future generations.

The Pirates of Penzance Composer: Arthur Sullivan
 Librettist: William S. Gilbert
 Premiere Date: December 31, 1879, Fifth Avenue Theatre, New York City
 As Frederic enters the rank of full pirate at the end of his apprenticeship, he and his fellow pirates court the daughters of Major-General Stanley. This sets off a hilarious course of riotous events that pit Frederic against his pirate clan. The Pirates of Penzance is a rollicking show with serious operatic chops. Performed in English with English supertitles. Cobb Energy Performing Arts Centre.

16	17	18	19	20	21	22
9:00 Chair Yoga with Colleen (Ch.961) 9:00 Smoke Rise Baptist Church 10:15 Mountain Park United Methodist 10:15 St. Stephen The Martyr Catholic Church 11:00 Smoke Rise Baptist Church Live Streaming (CH2) 1:00 Holy Eucharist with Tom Mustard (CH2) 3:00 Jammin' with Nancy & Two Daves (CH2) 8:00 Movie: TBA	9:00 Fit & Strong (Ch.961) 9:00 Sweat & Flex (CH1) 10:00 Advanced Balance (Ch. 961) 10:00 Stretch, Tone & Balance (CH1) 10:00 Drawing with Denny Hopf (AR) 10:30 Domestic Affairs & Politics Discussion Group (CH2) 10:30 Park Springs Market (2nd Floor, 500 Building) 11:30 Centering Prayer (T) 1:30 Water Volleyball (LP) 2:00 Member Council (CH/Ch.961) 2:00 Shop Wal-Mart 3:30 MelloTones (CH2) 7:00 Book Club (CH1) 7:00 Bingo (BR) 7:00 Duplicate Bridge (CR) 8:00 Movie: TBA	8:45 Dr. Offices & Hospital Visits 9:30 Golf (Stone Mountain Park) 10:00 ArthriCize (TP) 10:00 Gentle Yoga with Colleen (Ch. 961) 10:00 History Group (CH2) 10:00 Yoga with Leslie (BR) 10:30 Park Springs Market (2nd Floor, 500 Building) 11:15 Tai Chi w/ Hertencer (BR) 11:30 Catholic Communion with Father Silva (CH2) 12:00 PS Foundation (CR) 1:30 Water Aerobics (LP) 4:00 Cornerstone Fellowship Dick Reiling (CH2/Ch. 961) 7:00 Poker (PR) 7:00 Rummikub (CR) 6:45 Virtual Bowling League (CH2/BR) 8:00 Movie: TBA	9:00 Fit & Strong (Ch.961) 9:00 Sweat & Flex (CH1) 9:30 Watercolor w/ Marie Mathews (AR)   10:00 Advanced Balance (Ch. 961) 10:00 Stretch, Tone & Balance (CH1) 11:00 Stone Mountaineers Rehearsals (BR) 11:00 Shop Kroger 12:00* Lets Go to the Movies! @ AMC Dine-in Theater: Movie TBA Charge Tix\$ + trans. 7\$ + Meal RSVP 1/12 1:00 Acrylic Paint w/ Marie Mathews (AR)   1:00 Passport to Wellness (CH2) 1:30 Water Volleyball (LP) 3:00 Parkinson's Support Group (MR) 6:45 Virtual Bowling League (CH2/BR) 8:00 Movie: TBA	8:45 Dr. Offices & Hospital Visits 9:30 Golf (Stone Mountain Park) 10:00 ArthriCize (TP) 10:00 The Forum with Tom Crowley on The Universe from Beginning to End (CH/Ch. 961) 10:30 Park Springs Market (2nd Floor, 500 Building) 11:00 Green Team (CR) 1:00 Dementia Caregiver Support Group (6000 CR) 1:00 Zumba Gold with Renee (BR) 1:00 Quilting Bee (AR) 2:00 Guided Imagery with Marilyn Nerem (T) 4:00 Cyber Concert Series Glen Campbell & the South Dakota Symphony (CH) 7:00 Couples Bridge (CR) 8:00 Movie: TBA	10:00 Advanced Balance (Ch. 961) 10:00 Open Art (AR) 10:30 Park Springs Market (2nd Floor, 500 Building) 11:00 Bible Study with Dick Brown (MR) 11:00 Gentle Yoga with Colleen (Ch. 961) 11:00 Water Aerobics (LP) 1:00 Passport to Wellness: Hiking Video (Ch.961) 1:30 Water Volleyball (LP) 8:00 Movie: TBA	9:00 Petanque (BC) 10:00 Tai Chi with Anna (Ch. 961) 10:00 Indoor Croquet (CH) 10:15 Petanque (BC) 4:00 Saturdays at 4: Trivia with Katrina Shoemaker (BR) 7:00 Rummikub (CR) 8:00 Movie: TBA

23	24	25	26	27	28	29
<p>9:00 Chair Yoga with Colleen (Ch.961)</p> <p>9:00 Smoke Rise Baptist Church</p> <p>10:15 Mountain Park United Methodist</p> <p>10:15 St. Stephen The Martyr Catholic Church</p> <p>11:00 Smoke Rise Baptist Church Live Streaming (CH2)</p> <p>2:00 Acrylic Paint Pouring with Joann Dankle (AR) Charge \$9  </p> <p>3:00 Jennings (BR)</p> <p>8:00 Movie: TBA</p>	<p>9:00 Fit & Strong (Ch.961)</p> <p>9:00 Sweat & Flex (CH1)</p> <p>10:00 Advanced Balance (Ch. 961)</p> <p>10:00 Stretch, Tone & Balance (CH1)</p> <p>10:00 Drawing with Denny Hopf (AR) </p> <p>10:30 Domestic Affairs & Politics Discussion Group (CH2)</p> <p>10:30 Park Springs Market (2nd Floor, 500 Building)</p> <p>11:30 Centering Prayer (T)</p> <p>1:30 Water Volleyball (LP)</p> <p>2:00 General Member Meeting (CH/Ch.961)</p> <p>2:00 Shop Wal-Mart</p> <p>3:30 MelloTones (CH2)</p> <p>7:00 Bingo (BR)</p> <p>7:00 Duplicate Bridge (CR)</p> <p>8:00 Movie: TBA</p>	<p>8:45 Dr. Offices & Hospital Visits</p> <p>9:30 Golf (Stone Mountain Park)</p> <p>10:00 ArthriCize (TP)</p> <p>10:00 Gentle Yoga with Colleen (Ch. 961)</p> <p>10:00 Yoga with Leslie (BR)</p> <p>10:30 Park Springs Market (2nd Floor, 500 Building)</p> <p>11:15 Tai Chi w/ Hertencer (BR)</p> <p>11:30 Catholic Communion with Father Silva (CH2)</p> <p>1:30 Water Aerobics (LP)</p> <p>4:00 Cornerstone Fellowship with Bob Smith (CH2/Ch. 961)</p> <p>7:00 Poker (PR)</p> <p>7:00 Rummikub (CR)</p> <p>6:45 Virtual Bowling League (CH2/BR)</p> <p>8:00 Movie: TBA</p>	<p>9:00 Fit & Strong (Ch.961)</p> <p>9:00 Sweat & Flex (CH1)</p> <p>9:30 Watercolor w/ Marie Mathews (AR)  </p> <p>10:00 Advanced Balance (Ch. 961)</p> <p>10:00 Stretch, Tone & Balance (CH1)</p> <p>10:00 Chick-fil-a Football Hall of Fame \$10 trans + \$22 tix RSVP 1/19</p> <p>11:00 Stone Mountaineers Rehearsals (BR)</p> <p>11:00 Shop Kroger</p> <p>1:00 Acrylic Paint w/ Marie Mathews (AR)  </p> <p>1:00 Passport to Wellness (CH2)</p> <p>1:30 Water Volleyball (LP)</p> <p>6:45 Virtual Bowling League (CH2/BR)</p> <p>8:00 Movie: TBA</p>	<p>8:45 Dr. Offices & Hospital Visits</p> <p>9:30 Golf (Stone Mountain Park)</p> <p>10:00 ArthriCize (TP)</p> <p>10:00 The Forum: Drain the Earth's Oceans: Legend of Atlantis (CH/Ch. 961)</p> <p>10:30 Park Springs Market (2nd Floor, 500 Building)</p> <p>1:00 Zumba Gold with Renee (BR)</p> <p>2:00 Guided Imagery with Marilyn Nerem (T)</p> <p>3:30 Big Band Appreciation (CH/Ch. 961)</p> <p>7:00 Couples Bridge (CR)</p> <p>8:00 Movie: TBA</p>	<p>10:00 Advanced Balance (Ch. 961)</p> <p>10:00 Open Art (AR)</p> <p>10:30 Park Springs Market (2nd Floor, 500 Building)</p> <p>11:00 Bible Study with Dick Brown (MR)</p> <p>11:00 Gentle Yoga with Colleen (Ch. 961)</p> <p>11:00 Water Aerobics (LP)</p> <p>1:00 Passport to Wellness: Puerto Rico (Ch.961)</p> <p>1:30 Water Volleyball (LP)</p> <p>6:45 Atlanta Opera: The Pirates of Penzance Charge \$10 trans. + \$48-149 tickets, RSVP 1/14</p> <p>8:00 Movie: TBA</p>	<p>9:00 Petanque (BC)</p> <p>10:00 Tai Chi with Anna (Ch. 961)</p> <p>10:00 Indoor Croquet (CH)</p> <p>10:15 Petanque (BC)</p> <p>1:30 Aurora Theatre: Feeding Beatrice Charge \$7 trans. + \$Tix BUS FULL</p> <p>4:00 Saturdays at 4: Catch Me if You Can with Dalton McGlamry (CH)</p> <p>6:45 ASO Behind the Curtain: Boulanger: Of a Spring Morning Charge \$7 trans. (Note date change from 1/27)</p> <p>7:00 Rummikub (CR)</p> <p>8:00 Movie: TBA</p>
<p>30</p> <p>9:00 Chair Yoga with Colleen (Ch.961)</p> <p>9:00 Smoke Rise Baptist Church</p> <p>10:15 Mountain Park United Methodist</p> <p>10:15 St. Stephen The Martyr Catholic Church</p> <p>11:00 Smoke Rise Baptist Church Live Streaming (CH2)</p> <p>3:00 Jennings (BR)</p> <p>8:00 Movie: TBA</p>	<p>31</p> <p>9:00 Fit & Strong (Ch.961)</p> <p>9:00 Sweat & Flex (CH1)</p> <p>10:00 Advanced Balance (Ch. 961)</p> <p>10:00 Stretch, Tone & Balance (CH1)</p> <p>10:00 Drawing with Denny Hopf (AR) </p> <p>10:30 Domestic Affairs & Politics Discussion Group (CH2)</p> <p>10:30 Park Springs Market (2nd Floor, 500 Building)</p> <p>11:30 Centering Prayer (T)</p> <p>1:30 Water Volleyball (LP)</p> <p>2:00 Shop Wal-Mart</p> <p>3:30 MelloTones (CH2)</p> <p>7:00 Bingo (BR)</p> <p>7:00 Duplicate Bridge (CR)</p> <p>8:00 Movie: TBA</p>	<p>Nightly Movie Update!</p> <p>To ensure accuracy of the movie titles listed for this month, we will be announcing them on the weekly reminders and on Touchtown. We truly appreciate your patience during this time as with us as we work with our vendors to resolve this ongoing shipping issues.</p>				