Scorpio: October 23 – November 21

Scorpios tend to be among the most self-aware people you will meet: the stripped-down honesty of late autumn seems to run in their veins.

Sagittarius: November 22 - December 21

Sagittarius wants to know more, see more, and understand more. They are the sign most likely to have lived abroad, read across many disciplines, held diverse friendships, and arrived at a personal philosophy that is genuinely their own.

Employee Birthdays

02- KaNaiah Frame
03- Antwoin Royal
04- Kerriann Ferguson, Alma Grant
05- Rosemary Tetteh, Benjamin Williams
06- Kimberly Jones
09- Cynthia Chanteloupe-Wright, Mary Vigo
10- Marthe Chery, Jacinth Smith Meredith
11- Paulina Aceituno, Joan Graham, Michael Martinez
12- Helen Kedan, Angela Van Wye
13- Bladimir Pocasangre
14- Sharon Matheny
15- Patricia Asamaigor, Teresa Moore
16- Richard Allen, Latrice Lowe
18- Kateshia Hamm, Cenque Johnson
20- Andrew Crozier
21- Marinda Burns-Zanders
22- Lacoya Worthington
23- Brenda Garcia
27- Lasonya Foster
29- Elaine Harvey
30- Brittany Harville

Member Birthday

01- Elizabeth Scarangella, Paige Word
02- Jane Atkinson, Tom Heston, Beth Larance
03- Rick Waitsman
04- Sandy Seidenman, Nancy Davis
05- Judith Kolodkin, Jerry Thompson
06- Etha Warren, James Brown
07- Shirley Riggs
08- Norma Birkett, Martha Rosselot
09- Gordon Davis
10- Ed Brigham, Cassie Garcia, Joann Paul, Claudia Lanier, Jessie Moore
12- Linda Clark, Lisa Schutte, Michael Smith
13- Cherrie Baskette, Beverly Zanotti
14- Barry Fryer, Kay McGill, Lawrence Weaver, Ronald Christopher
15- Joan Benson, Joyce Fryer, Joan Jones
16- Diane Ryan
17- Gloria Bogartz
19- Sandy Bocard, Jean Bonde, Bert Larsson, Donna Musser
20- Martha Buckley, Richard Lascek, Dolores Petmecky, Betsy Richards, Myra Seinberg, Liz Short
21- Marlene Greene
22- Linda Fleming, Robert Pawlicki, Suzann Threadgill
23- Delphine Chang, Pat Gezovich, Margarita Goslin, Bill Witcher
24- Eric Nitschke
25- Eugene Harrison
26- Anita Fly
27- Marjorie Manning
28- Shirley Baskin, John Peatman
29- Barbara Pierce
30- Tommy Clinton

November 2026

The Springboard

Park Springs | 500 Springhouse Circle | Stone Mountain GA, 30087 | www.parksprings.com

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Dedication and Luck Abound

Sixth Annual Arts and Crafts Bazaar

Summary by Joan A. Jordan

This year, the work, dedication, and talent of Park Springs members were evident in the many different arts and crafts items the PS members designed and contributed to the Bazaar. More importantly, the diversity of the items stood out: unusual jewelry designs, quilts, knitted hats, and the delicious treats shared at the Eats table. There were 19 different vendors and many more represented at the Potpourri table and the Eats table.

The Bazaar vendors exceeded the 2025 total, and to date, **$21,465.25 +96** was divided equally and deposited into the Park Springs Foundation and Employee Appreciation Fund accounts. This year brought several interesting and unique experiences, as the Arts and Crafts Bazaar Committee recruited and encouraged many vendors to return and welcomed at least five new vendors (some representing several individual members). Donated items included beautiful jewelry creations, wood turnings, quilts and knitted items, ceramics made in classes, floral photography, holiday items, rope crafts, handmade greeting cards, and, new to the bazaar, stained glass items. Of course, the Eats/food items ranged from granola to cakes, cookies, pralines, pumpkin bread, muffin bread, lemon squares, and more. One new feature was the collection of books authored by PS members and, in memory of Mary Beth Thomas, the member who helped establish the annual bazaar, and her sister Susan Thomas, donated colorful cards, photographs, and paintings. And for pet owners, the homemade (baked) dog treats were again a popular item for members' pets!

The pre-bazaar special quilt raffle was a big success, adding $1545.00 to the total for the Bazaar. Susan Lascek, the winner, was thrilled to have the lucky raffle ticket for a special prize on her birthday – October 14! Jesse Usleton sewed the quilt; the colors and pattern were beautiful, and everyone admired it during the week raffle tickets were available: one ticket was $5.00, or 5 tickets for $20.00. A fun pre-bazaar activity.

Cont. on page 2

The Silent Auction items were again very popular, and members were very generous in their bidding. The Lucky Ladies claimed the Gourmet dinner with a bid of $2400.00; the PS Men's Gourmet Club will prepare the dinner. They will arrange a delicious seven-course meal with wine, with a date and time to be determined by the Lucky Ladies and the Men's Gourmet Club. The eight lucky ladies are Kathy Deleo, Lois Dixon, Sue McConnell, Kaye Nazarian, Wendy O'Toole, Sarah Patton, Elizabeth Scarengella, and Missy Vanderbilt.

The beautiful turned cherry wood bowl created by Mike Couch was claimed by three PS members, Joan Jordan, Mike Moon, and Linda Porter, who plan to present it to the Isaksons for a special recognition and dedication to Mike Couch and to become part of the legacy of Mike and Park Springs. The details are still being worked out, but members agreed that adding it to the Park Springs art collection would be an appropriate way to honor Mike Couch and his reputation as a nationally recognized wood turner. The final bid for this beautiful piece was **$3000.00**.

Jesse Usleton's king-size quilt was awarded to Joanne Heckman for a bid of **$1100.00.** Joanne has successfully bid on several quilts over the past several years. She has always supported the Bazaar and the contributions of many of the Park Springs artisans. The 2026 quilt is 108 by 108 inches, with fall hues on one side and more spring-like colors on the back. Needless to say, she was thrilled.

For the first time this year, the Bazaar Committee offered 5 door prizes, awarded throughout the day. Three business owners donated these door prizes, and an anonymous member donated two sets of tickets to the Blue Angels Show, which were given to Life Style Services for the awards. The fifth door prize was a dinner for two with two bottles of wine in the Blue Heron Room. Ruth West won the free massage worth over **$110.00**; Don and Pat Gezovich won a pair of tickets for the Blue Angels Air Show which was worth **$450.00** and Mike and Marti Welsh received the second pair. The car detail by Premium Detailing, was equal to **$150.00** for detailing inside and out for a sedan, SUV or truck and was claimed by Bill for a sedan, SUV or truck and was claimed by Bill and Kathy Kraeling; Jen Castleberry won the dinner in the Blue Heron Room.

The Bazaar's success is because our PS members (families and friends) are generous and gladly support the scholarships offered to employees or their family members by the PS Foundation. Many employees benefit from the funds shared equally with the Employee Appreciation Fund. In the PS community, tipping is not allowed, so the "bonus" checks employees receive in November are welcomed and truly appreciated.

A special thank you to all who participated and made this year so successful. The cooperation of all the Lifestyle Services staff and the PS management helps members continue to enjoy sponsoring the Bazaar and begin planning for next year immediately! The 2026 Bazaar Committee members were Cynthia Carter, Kathy Couch, Pat Inglis, Mary Ann Johnson, Joan Jordan, Mike Moon, Linda Porter, and Lane Tharp.

WELCOME TO THE NEIGHBORHOOD

Member	Address	Phone
Pattie Johnson	3016	3303
Bill & Phyllis Neville	1440	3709
Harvey & Ellen Hoch	9432	3962

By Qualified Charitable Donation from the Minimum Required Distribution from your IRA. Consult your accountant or tax advisor.

Legacy giving: Consider making a bequest to the Park Springs Foundation in your estate plan.

No matter how you choose to donate, remember that the Park Springs Foundation is a 501(c)(3) charitable organization; all your donations are tax deductible.

Emergency Food and Money Needed for Lilburn Families

What is needed?

All kinds of dry and canned food

Cash and checks to buy milk, cheese, eggs, meat, etc. (money is held in the market safe until delivery every few days).

But why now?

The Lilburn Coop is experiencing (more than triple) 3-1/2 times the prior year number of families seeking food. **Why?** Due to employee layoffs by both government and private employers, food stamp program changes, and the cost of groceries. Many seniors in Lilburn have paid off their mortgage, but insurance and property taxes (from growing assessments) have devastated many. Young families in Lilburn and Stone Mountain are desperately facing hunger as all household costs squeeze income.

Where can I get a list of food items especially needed?

Lists are on the counter in the Park Springs market, and on the market window.

Where do I take gift money and food?

Your Park Springs market

How long will the food drive last?

Until the Friday after Thanksgiving, Nov. 27

Where can I get food to give if I cannot drive to the grocery store?

1. Many items are for sale in the Park Springs market (remember, no sales tax).

2. Look in your own pantry. How likely are you to cook with those canned veggies you brought here, before they expire?

3. Frozen steaks and fish from your month-end leftover money, but only if you or a friend deliver them.

You must deliver in person to: Lilburn Coop (5329 Five Forks Trickum Rd. - 1/2 block from the Rockbridge Kroger).

Who administers the program?

1. The Lilburn Cooperative Ministry, a non-profit 50-year-old facility, which has a year-round food pantry.
2. Santa - free gift source for kids and parents, including toys. (Park Springs has a toy drive starting Nov. 27.)
3. Thrift store which accepts your gifts of clothing, furniture, toys, and household items (lamps, linens, etc.).

WALTER'S WORLD

By Joanne Heckman

- Hurray, our Dining Room renovations are now complete. The new light fixtures were installed last month and our dining room is beautiful.
- Last month we told you reservations were not necessary for the Dining Room before 5:45 p.m. However, you liked that idea so much that the kitchen staff has become overwhelmed. Please try to make reservations and take some stress from our kitchen staff.
- If you want to see what goes on behind the scenes in our kitchen, please sign up on Uniguest for an educational kitchen tour. Tours are given once a month.

PARK SPRINGS FOUNDATION
Climb Higher

Ayodele Jenyo: Building a Future and a Family

By Virginia Townes

In Nigeria, in 2021, twenty-one-year-old Ayodele Jenyo kissed her mother goodbye. It was a poignant moment for them both—Ayodele is her mother's only child—but it was also joyous—Ayodele was leaving for the United States to follow her dream.

Ayo, as she is known here at Park Springs, had graduated from secondary school and a two-year college in Nigeria, studying science laboratory technology. She was always drawn to the sciences, and she had also spent many years caring for her ailing grandmother. When a woman from the United States began teaching classes in practical nursing—a CNA licensure here—Ayo enrolled and discovered her calling. That training prepared her to serve as a nursing assistant in Nigeria, where she worked in hospitals and clinics—surgery, labor and delivery, primary care, geriatrics—all under the supervision of a registered nurse. But her ultimate goal, to become a registered nurse herself, was not possible in her home country.

An aunt offered to sponsor her immigration to the United States, and her family saw her off to her new life here in Georgia with mixed pride and sadness. Once here, she began looking for work in her chosen field. Her training and experience made her a good fit for Park Springs' home health-care department. But life also held other new paths for her.

At her church, she met a young man from Nigeria and eventually married him. In 2024, they welcomed a baby girl into their family.

When her daughter was a year old, Ayo began working toward her dream by enrolling in the nursing program at Georgia State University, Piedmont campus. Ayo soon realized that caring for a toddler, working full time, and carrying a heavy course load was not manageable; she needed to cut back her work hours. But part-time work was not available at Park Springs in home health care. Ayo resolved that problem with the help of Park Springs management by switching to food service, which offers more flexible shifts. She worked steadily right up to the birth of her second child, a baby boy, in July.

In early September, she was back at work. She was also enrolled in the fall term of her nursing course. She expects to graduate in three more years and finally to be able to become a registered nurse to fulfill her dream and her family's aspirations for her.

Ayo's education here has been supported by the members of Park Springs through the Park Springs Foundation scholarships. Ayo says, "It's been so lovely, for real! Members really help and encourage us; it makes us love Park Springs even more!" She also recognizes that "school is hard; having people who support you makes it better."

Please consider making a donation to the Park Springs Foundation to help continue this important program.

By check: Make the check payable to Park Springs Foundation and slip it into the dropbox mounted on the wall by the member mailboxes. You can use your own envelope or those located near the box.

Electronically: Go to our website at www.parkspringsfoundation.org and click the DONATE button in the upper right-hand corner. You can donate with a credit card, through PayPal, Venmo, or ACH bank transfer.

A Gift from the Heart

SHOW UP AND CHEER!!

by Mike Moon

Here's a golden opportunity to show up with your fellow Park Springs Residents and CHEER our wonderful Employees as they arrive for the annual Appreciation Luncheon, where they will be honored and receive their checks.

Last year, Residents lined both sides of the hallway leading to the Dining Room, creating a cheering section to welcome our Employees as they arrived. We clapped, cheered, and called out our greetings as they made their way down the hall. It was great fun for us—and the smiles and "thank yous" from our Employees made it clear how much they enjoyed being welcomed and celebrated. Our enthusiastic welcome was another "gift from the heart" from grateful Residents.

Let's make this year's WELCOME even bigger, warmer, and more energetic! Come join the cheering line and help us give our Employees the enthusiastic welcome they deserve. Stop by anytime between 10:30 a.m. and 2:00 p.m. on Friday, November 20.

Stay for a few minutes—or stay awhile. The more Residents who SHOW UP AND CHEER, the better!

And as this year's fundraising comes to an end on October 30 at noon, and as 2027 approaches, please consider setting up an auto-deduction for the Employee Appreciation Fund if you don't already have one.

Whatever amount you select will be added to your monthly bill, so you won't need to make your donation in one lump sum late in the year. Auto-deduction forms are available beside the in-house mailboxes. It's very easy to arrange!

In Memoriam

Member	*Address*
Ann Schwab	*3416*
Fred Jerding	*Pebblebrook*

REMINDER!!!

Some of your favorite features have transitioned to **Uniguest.** You can find them under the following icons: **Activities, Green Team, and Member Creativity.**

FORUM

The Forum meets every Thursday at 10:00 a.m. in the Community Hall. We invite everyone to join us for our weekly scheduled programs listed below. Sign up on Uniguest.:

- Nov 05- Jeff Glazer - "We Listened to That?"
- Nov 12- Cathy Ehrler and Kathy Forbes on Recycled Art
- Nov 19- Emory Doctor Talks

Park Springs Employee Appreciation Talent Show Collage

A Gift from the Heart